

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast & Banana	Natural Yoghurt & Fruit	Cereal & Fruit	Fruit Salad	Poppy Seed & Lemon Muffins
Lunch	Salmon fishcakes & Potato Wedges Yoghurts	Spaghetti Carbonara Fruit Salad	Tomato Soup & Crusty Bread Mandarin Sponge & Custard	Baked Risotto with Lemon, Courgettes & Basil Ice Cream	Sausage Casserole Potatoes & Carrots Jelly
Afternoon Snack	Beetroot Muffins Mandarins	Roasted Cauliflower Florets & Cheese Apples	Crackers, Ham & Cheese Peaches	Toasted Bagels with Butter Banana	Rice Cakes Mango